



P. S. Gusain

Academic/Yoga Qualifications:

B. Sc.

M. Sc. in Yoga and Health Education (1st Division); Post Graduate Diploma in Yoga (1st Division); Diploma in Yoga and Naturopathy (1st Class); Certificate Course in Corporate Yoga (1st Class); Certificate Course in Food and Nutrition.

Academic/Yoga Experience/Employments:

A former Indian Foreign Service officer, P. S. Gusain superannuated as Director Foreign Service Institute, Ministry of External Affairs, which is the premier institute of Training of Indian Foreign Service Probationers and officers/officials of all rank, officers of other services, and Foreign Diplomats.

During his diplomatic career he served in various capacities at Antananarivo (Madagascar), Kampala (Uganda), Toronto (Canada), Kabul (Afghanistan), Vancouver (Canada), and Georgetown (Guyana). He is a national award winning writer and writes both prose and poetry. He is deeply interested in Yoga and performing arts..

Co-Founder President The Life Beautiful! (<http://www.thelifebeautiful.com>)

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